



NEW ACCOUNT INFORMATION FOR MEMBERSHIP

Please fill out the editable pdf pages and bring to Gym One or email to owner@gymonecambria.com.
We look forward to you being a member.

Contact Information

Name _____

Address _____

Home Phone _____

Cell Phone _____

Work Phone _____

Email _____

Emergency Contact Information

Name _____

Phone Number _____

Account Information

Keycard Number _____

Route# _____ Account _____

EFT (electronic fund transfer) Date ☐ 5th ☐ 20th \$65/month

I hereby authorize GymeOne, to initiate debit entries on my (our) **checking account and/or savings account** (s) at the receiving depository institutions indicated below, and if necessary, to initiate credit or debit adjustments for any transactions processed in error. I (we) acknowledge the orientation of ACH transactions to my (our) account must comply with the provisions of the U.S. Law. This authorization is to remain in full force and effect until Company has received written notification from me or its termination. The notice must be received by the COMPANY no later than **ten business days** before the next transaction effective date. Authorizations will be the sole property of GymOne.

Signature _____ Date _____



INFORMED CONSENT

In consideration of being allowed to participate in the activities and programs of GymOne and to use its facilities, equipment and machinery in addition to the payment of any fee or charge: I do hereby waive, release and forever discharge GymOne, and their officers, agents, employees, representatives, executors, and all others (GymOne representatives) from any and all responsibilities or liabilities from injuries or damages arriving out of or connected with my attendance at GymOne, my participation in all activities, my use of equipment or machinery or any act or omission, including negligence by GymOne representatives.

MEMBER'S INITIALS_____

I understand and am aware that strength training, flexibility, and aerobic exercise, including the use of equipment, are potentially hazardous activities. I also understand that fitness activities involve a risk of injury and even death, and that I am voluntarily participating in these activities and using equipment and machinery with the knowledge of the dangers involved. I hereby agree to expressly assume and accept any and all risks of injury or death.

MEMBER'S INITIALS_____

I do hereby further declare myself to be physically sound and suffering from no condition, impairment, disease, infirmity, or other illness that would prevent my participation or use of equipment or machinery. I do hereby acknowledge that I have been informed of the need for a physician's approval for my participation in an exercise/fitness activity or in the use of exercise equipment and machinery. I acknowledge that I have either had a physical examination and been given my physician's permission to participate, or that I have decided to participate in activities and use the equipment and machinery without that approval of my physician and do hereby assume all responsibility for my participation, activities, and utilization of equipment and machinery in my activities.

MEMBER'S INITIALS_____

Signature_____

Date_____



MEMBERSHIP POLICIES & CLUB REGULATIONS

GymOne has designed its Membership Policies (herein "Policies") and the Club Rules (herein "Rules") to help insure a safe and enjoyable environment for all of its members. Please be thoughtful and observe the Policies and the Rules as all GymOne members have agreed to follow. GymOne may, in its sole discretion, modify Policies and Rules without notice at any time. It's your responsibility to know and follow the most current Policies and Rules. The following Policies replace all previous Policies. All approved signs and postings within GymOne shall be considered a part of the rules and regulations of GymOne.

Buyer's Rights: Members understand that memberships are nontransferable and nonrefundable. Prorated refunds or pre-paid monthly dues or memberships are available only in the case of the member's death, permanent disability or permanent relocation. Enrollment Fees and Processing Fees are non-refundable. A BUYER MAY CANCEL A MEMBERSHIP AGREEMENT BY MIDNIGHT OF GYMONE'S THIRD BUSINESS DAY AFTER THE DATE OF THE AGREEMENT, EXCLUDING SUNDAYS OR HOLIDAYS. SUCH A CANCELLATION MUST BE IN WRITING AND SENT VIA EMAIL OR CERTIFIED MAIL TO GYMONE. SUCH CANCELLATION MUST BE POSTMARKED BY THE AFOREMENTIONED TIME.

Membership ID Cards: GymOne issues a membership ID card to you for identification purposes. You may NOT let anyone else use it. The ID card is property of GymOne and you must return it immediately if your membership is terminated or canceled. If you lose your ID card there is a \$10.00 charge.

Check In: You must check in at the front desk and present your ID card before you use the Facilities. If you do not have your card with you, you must give our full name to a Front Desk Team Member. You may be asked to show photo ID.

Use of Facilities: Any or all of the Facilities or services, including but not limited to, group fitness classes, equipment may have limited hours or may be discontinued altogether at any time and be offered on a first come, first serve basis. GymOne reserves the right to charge a separate participation or reservation fee for specially offered classes or services. If there is a sign-up for the use of the equipment and a maximum time limit on its use, GymOne expects all the members to follow the Rules. In short, observe gym etiquette. If there is a conflict over use, inform GymOne management and let them resolve it.

Specialty Classes: There are specific procedures, rules and you may be charged for your attendance to special classes. Please see the front desk or read the posted information for these activities and events. (Indoor Cycling & Aquatics)

Pool Use: Check in at front desk and sign in for series. **30 minute** sessions allow time between members. Shower is available. Please shower quickly to save water and allow many to use the facility. BRING YOUR OWN TOWEL or rent one at the front desk. Use of the pool is at your own risk. No lifeguard is on duty. No open wounds, rashes, band aides, body lotions or gum in pool. Shower shoes are required at all times in locker room, pool and shower facilities.

Weights & Other Equipment: Please wipe down all machines after you use them with a Club Wipe. Designated cleaning stations are located throughout the gym.

No Solicitation: ANY SOLICITATION WITHIN THE CLUB IS STRICTLY FORBIDDEN.

General Policies for Minors: To join, minors fewer than 18 years must have financial guarantee of a parent or guardian. **Minors 14-17** must use the Facilities while accompanied by a parent or guardian and their parent or guardian must sign the waiver and the Membership Agreement. **Minors under 14** MAY NOT use the Facilities at any time and must be accompanied by a parent or guardian at all times within the Facilities.

Lockers & Cubbies: Day use only. If you leave property overnight, GymOne reserves the right to donate your property to charity. GymOne is NOT responsible for lost or stolen items.

PROHIBITED ITEMS & ACTIVITIES

No Alcohol, Drugs, or Smoking: Members cannot use the Facilities or engage in any activity at GymOne while under the influence of illegal drugs or alcohol. Also, GymOne does not permit smoking, alcohol or illegal drugs, including the use of steroids, in its Facility.

TV Use: Remotes are not available. GymOne staff will change the station (with the exception of News stations).

No Weapons: No weapons of any kind are permitted in GymOne Facilities.

Strong Odors: Please avoid the use of heavy perfume or cologne and be mindful of body odor that could negatively affect another patron's workout experience.

Dress/Towel Policy: GymOne requires appropriate clothing and footwear while in the Facilities. Below are general guidelines:

Footwear: Only appropriate athletic shoes may be worn. No street shoes, boots or sandals are allowed in workout areas. In the Group Fitness area only non-marking soled athletic shoes are allowed. Open-toed footwear is strictly prohibited. SPD clip-in shoes or firm soled athletic shoes are required for cycling class.

Clothing: All clothing must meet standards of appropriateness determined by management. Shorts, pants, sweatpants, T-shirts, tank tops, spandex and any other accessories must be clean and free of holes that may catch on equipment or reveal any inappropriate area of the body while using any of the fitness facilities at GymOne. Jeans or jean shorts are NOT allowed.

Towels: Please bring your own towel for personal hygiene use on the equipment and for shower and pool use. GymOne has towels available for rent at the desk during staffed hours.

Conduct: While in the Facility, GymOne does not permit and will not tolerate any inappropriate conduct. Such conduct includes, without limitation, using loud, abusive, offensive, insulting, demeaning language, profanity, lewd conduct or any conduct that harasses or is bothersome to members of GymOne or GymOne staff.

Keyless after hours use is available from 4:30 am to Midnight for members in good standing. Your key card will be turned off for nonpayment. After hours is only for members 18 years and older. Please do not give your key card to others to access the facility; if found, key card privileges will be revoked. Opening the door for a nonmember to access facility will also lead to loss of key card privileges.

Violation of Rules: Any member or guest that violates any of the Policies or Rules of GymOne will be asked to stop or leave. A violation may also cause GymOne to terminate the violator's membership according to the terms of their Membership agreement.

Signature of Member _____ Date _____



TERMS OF MEMBERSHIP

1266 Tamson Drive Suite 101
Cambria, CA 93428
gymonecambria.com

Terms of Membership

I understand that my membership is continuous and requires no annual renewal. My membership may be canceled at any time by providing a **written and signed notification of my intent 10 business days** prior to the agreed Electronic Fund Transfer (EFT) date. I agree to abide by all rules and guidelines and acknowledge that I have received, agree to, and understand the rules and procedures which are subject to change without notice. I understand the membership rates are subject to change (given a thirty day notice) and I agree to abide by these changes. I understand that other costs associated with the facility are subjective to change without notice. I understand that my membership may be terminated if I am in violation of any rules or procedures or conduct myself in a manner deemed inappropriate. I understand that I am bound by the terms of this agreement unless canceled in writing within three days after acceptance or otherwise provided by law.

MEMBER'S INITIALS _____

Membership Payment (Non-Payment)

Members will be required to pay a service fee at the time of registration. Members will be required to provide future payment information through an approved bank account or credit account option. Future monthly payments must be made through Electronic Funds Transfer (EFT). Payments will occur on or about the _____ day of the month. It is the member's responsibility to ensure they have adequate funds in their account to cover these transactions. If the member's payment does not "clear" and GymOne does not receive payment, GymOne will attempt to contact the member for collections using the information they provided for a period of five days. After that time, the membership will be placed on "hold" and the membership will not be active. If a member has any "denied" payments, NSF, or an invalid account information payment the member will be turned over to collections and will be responsible for all collection and/or attorney fees.

MEMBER'S INITIALS _____

Termination

It is agreed that a member may terminate membership from GymOne by giving a **written notice of intent to cancel 10 business days prior to the agreed Electronic Fund Transfer (EFT) date**. If the membership was paid in full for the entire year, a refund for the remainder of the membership will be issued. All accrued due, penalty charges, and other charges for which a member may be liable are due at the time of termination. If the member, because of death or disability, is unable to use or receive services contracted for, the customer, or his estate as the case may be shall be liable for only the portion of the charges allocable to time prior to death or the onset of disability. GymOne shall in such event have the right to require and verify reasonable evidence of such death or disability.

MEMBER'S INITIALS _____

Membership Hold

We do not "hold" memberships for any reason.

MEMBER'S INITIALS _____

Membership Agreement

I acknowledge that, before I signed this agreement, I had the reasonable opportunity to examine it and have received a copy of GymOne's policies and procedures. I acknowledge that I have been given, understand and agreed to a waiver and release, and that this agreement is not valid unless accompanied by a signed waiver and release.

MEMBER'S INITIALS _____

Signature of Member _____ Date _____

Signature of Member _____ Date _____

A parent or guardian must sign this agreement if the member is under the age of 18.

Staff Registering _____ Date _____

Staff Reviewing _____ Date _____